# Taking a belay test with us?

*LECHNIQUE* 

# Be ready to demonstrate:

- Rope tied in using a figure 8 with no more or less than 4-8 inches of tail
- Properly loaded belay device (tube style recommended)

## WHY THIS WAY?

Here's what you need to know:

#### KNOW THESE **3** HARNESS SAFETY CHECKS

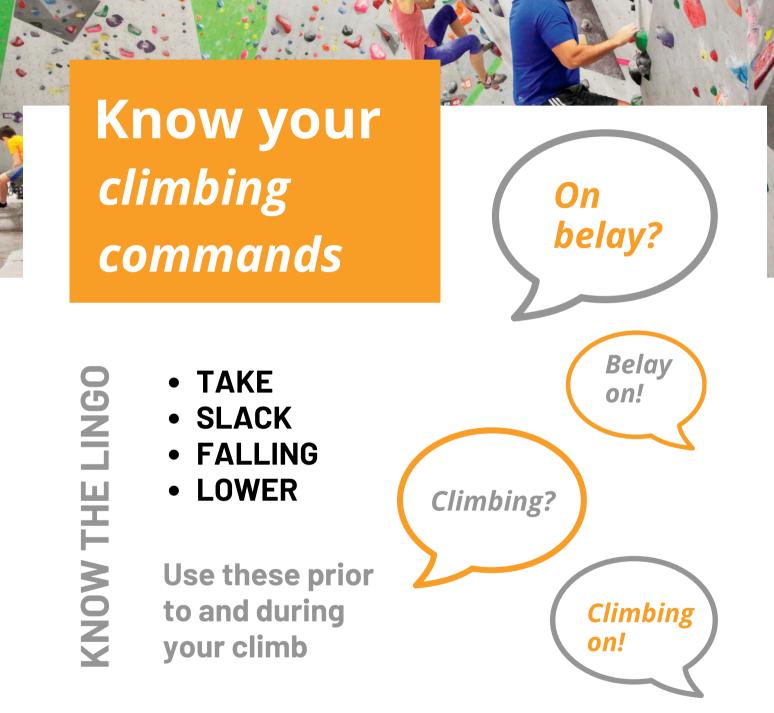
- Snug and above hipbones
- Buckles are double backed
- No twists, harness oriented correctly

Double-check that locking carabiners are locked and/or knots are oriented cleanly

- Because we created this environment and are legally liable for it. If we don't have set standards, then we can't train our staff or enforce them
- Because this is the proven safest way to do things and demonstrate your mastery

### PULL BRAKE UNDER SLIDE

PBUS Belay Technique



### PULL BRAKE UNDER SLIDE

PBUS Belay Technique