



# Taking a *belay test* with us?

Here's what you  
need to know:

## TECHNIQUE

### Be ready to demonstrate:

- Rope tied in using a figure 8 with no more or less than 4-8 inches of tail
- Properly loaded belay device (tube style recommended)

### KNOW THESE 3 HARNESS SAFETY CHECKS

- Snug and above hipbones
- Buckles are double backed
- No twists, harness oriented correctly

*Double-check that locking carabiners are locked and/or knots are oriented cleanly*

## WHY THIS WAY?

- Because we created this environment and are legally liable for it. If we don't have set standards, then we can't train our staff or enforce them
- Because this is the proven safest way to do things and demonstrate your mastery

**PULL BRAKE UNDER SLIDE**

***PBUS Belay  
Technique***



# Know your *climbing* *commands*

*On  
belay?*

*Belay  
on!*

*Climbing?*

*Climbing  
on!*

## KNOW THE LINGO

- TAKE
- SLACK
- FALLING
- LOWER

Use these prior  
to and during  
your climb

**PULL BRAKE UNDER SLIDE**

*PBUS Belay  
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